



CONGREGATION BETH HAMIDRASH • VANCOUVER

שבת בראשית

Shabbat Bereshit

A weekend of Torah, tefillah and hospitality with
Rabbi Rafoul and his wife

Parashat **Bereshit**

THU, OCTOBER 8 – MON, OCTOBER 12, 2026

Thursday October 8

OPENING NIGHT

Evening



★ *Hilchot Kiddush*

Thursday night class

Friday October 9

EREV SHABBAT

6:45 AM



Korbanot

7:00 AM



Hodu

5:24 PM



Candle Lighting

after 5:24 PM · before 6:15 PM

5:45 PM



Mincha

followed by Kabbalat Shabbat & Arvit

7:23 PM



Recite Shema after 7:23 PM

Dinner



★ *The Sweet Poison of Sin*

at Friday night dinner

10 min



**We roll the Torah back
to the very beginning**

Seven short classes across four days, woven into the
tefillot and the meals. Come for one, come for all of
them.

4 DAYS

7 CLASSES

3 MEALS

1 FRESH START

Shabbat October 10

29 TISHREI 5787

9:00 AM



Shacharit

10:12 AM



Latest Shema

Musaf



★ *Thoughts Become
Things*

before Musaf

~30 min

12:00 PM



Kiddush Lunch

*With gratitude to our Kiddush Lunch sponsors, in
loving memory of Stella Mattuck z"l*

Lunch



★ *Bereshit as the Seed of
the World*

at Kiddush lunch

10 min

Mincha



★ *Living in Geula*

before Mincha

~30 min

5:35 PM



Mincha

followed by Seudah Shlishit & Arvit

Seudah



★ *Noach Ish Saddik*

at Seudah Shlishit

10 min

7:20 PM



Havdalah

Sunday October 11

CLOSING

Breakfast



★ *Birkat Hagomel*

at Sunday morning breakfast

Come and start the Torah with us ♦ Bring the family

All are welcome

JOIN US

Congregation Beth Hamidrash, Vancouver, BC
Meal reservations & details: the shul office